

# District 3 Digest

[WWW.SKYVALLEYDISTRICT3AA.ORG](http://WWW.SKYVALLEYDISTRICT3AA.ORG)

## DCM Report

At our most recent District meeting, we decided to explore Accessibilities issues within the District, hoping to determine what specific needs we have and how best to meet them. Right away, we are realizing that we need to take a look at our meeting schedules: for example, some indicate that they are handicapped accessible when it is pretty clear that they are not. Others may be and not have it listed properly. Any input from around the District would be appreciated greatly as we inventory this issue.

Our Spring celebration of sobriety is set for March 13th. We are planning a luncheon with main dishes provided and a potluck for side dishes and deserts. Doors will open at 10:00 am with lunch scheduled for 11:30 am, followed by two speakers and a sobriety countdown. This will be a great opportunity for us to get together with gratitude for our sobriety.

On another note, we are looking for a new web servant. We greatly appreciated Nancy C's work in getting things set up for us. Unfortunately, she no longer is able to continue and we need to find a replacement in this area of service. We would love to hear from anyone interested in taking on this position.

Additionally, we still are looking for an archivist and would love to hear from volunteers in this area, as well.

Yours in service, Sue Wade, DCM



I am responsible...when anyone, anywhere reaches out for help,  
I want the hand of AA always to be there, for that I am responsible.





## Step 2

**Came to believe that a Power greater than ourselves could restore us to sanity.**



### **Twisted Sisters Group** of Alcoholics Anonymous

*Celebrates birthdays*  
The last Tuesday  
of each month  
@ 7:30pm  
with cake and coins.  
WO

Shepard Of The Valley Lutheran  
Church  
368th Dr., Startup



### *February Birthdays*

*Marty 29 years*  
*JD 19 years*  
*Jessica 4 years*  
*Diana 3 years*  
*Debbie 3 years*  
*Tina 1 year*

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**Come join us**  
*Sky Valley Group*  
*Snohomish Alano Club*  
*625 Ford St*  
*Snohomish, WA*

**Ongoing Events:**  
*Birthday Meeting*  
the last Friday  
of the month  
**7pm,**  
with cake and coins

**Family dinner** beforehand  
from **5 - 6:30pm**  
\$6 adults, \$3 kids



Looking for  
information, events  
or schedule of  
meetings in  
District 3 AA?  
Try visiting our  
website at:

[www.skyvalleydistrict3aa.org](http://www.skyvalleydistrict3aa.org)

You can send  
information to the  
webmaster for  
posting.



**Service work is an important part of sobriety. The following committees are looking for persons who are looking for service work.**

#### **Archives:**

Contact: Marla  
[archives@skyvalleydistrict3aa.org](mailto:archives@skyvalleydistrict3aa.org)

#### **Newsletter:**

Would like someone attending meetings from Everett, Lake Stevens or Snohomish to report events and information to the newsletter.

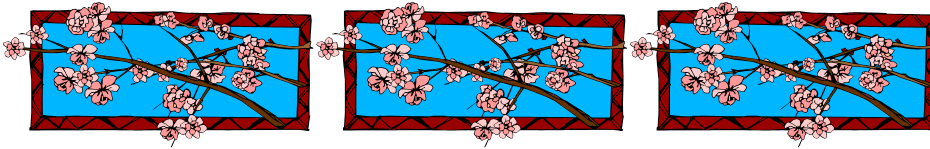
Contact: Diana  
[newsletter@skyvalleydistrict3aa.org](mailto:newsletter@skyvalleydistrict3aa.org)

#### **Corrections:**

Jasper 206-949-2678

#### **Webmaster**

[dcm@skyvalleydistrict3aa.org](mailto:dcm@skyvalleydistrict3aa.org)



*District 3 Spring Fling Fellowship Banquet*  
*March 13, 2010*

*Groups will be supplying meat dishes and individuals can bring dishes under the following guide:*

*Name starts with A to E: Salads*

*F to K: side dishes*

*L to P: deserts*

*Q to U: appetizers*

*V to Z: breads and rolls*

*10:00am Doors Open (Coffee, pastries, and fellowship)*

*11:30am Pot Luck Lunch*

*1:00pm AA Speakers*

*2:10pm Sobriety Countdown*

*Gifts for most and least sobriety*

*2:30pm Close with the Serenity Prayer*

*Other Offerings:*

*Literature Display*

*District 3 Archives Display*

*Location:*

*Crossroads Presbyterian Church*

*10310 20<sup>th</sup> St SE*

*Everett, Washington 98205*

*(Across the Street from Tom Thumb Market)*

*Any Questions call Willy L. (360) 568-1805*

## TRADITION 2

For our group purpose,  
there is but one ultimate  
authority - a loving God as  
He may express Him self in  
our group conscience."

Our leaders are but  
trusted servants; they do  
not govern."



~ What's Happening in February ~~

Saturday, February 20, 2010  
Fellowship: 9:00 AM  
Business Meeting: 10:00 AM  
Lunch: 12:00 PM

Saturday, March 20, 2010  
Fellowship: 9:00 AM  
Business Meeting: 10:00 AM

Saturday, April 17, 2010  
Fellowship: 9:00 AM  
Business Meeting: 10:00 AM  
Lunch: 12:00 PM (main dish provided; potluck additions welcome)

Saturday, June 12, 2010  
Fellowship: 9:00 AM  
Business Meeting: 10:00 AM  
Lunch: 12:00 PM

[Grapevine and Literature Committee Quarterly \(English\)](#)

[Grapevine and Literature Committee Quarterly \(Spanish\)](#)

United Methodist Church  
6900 Steilacoom Blvd  
Steilacoom, WA 98388

[Corrections Committee Quarterly](#)

Fellowship Christial Church  
860 E. 38th Street  
Tacoma, Washington 98404-2904

[Treatment Committee Quarterly \(English\)](#)  
[Treatment Committee Quarterly \(Spanish\)](#)

Normandy Park Congregational Church  
19247 1st Ave South  
Normandy Park, WA 98148-2101

[Grapevine and Literature Committee Quarterly](#)

Edmonds Christian Church  
23010 84th Avenue W  
Edmonds, WA 98026-8600

## A.A. History in February

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- February 1** 1918 - Original date set for Bill W.'s marriage to Lois Burnham. The date was moved up because of the war.
- February 2** 1942 - Bill W. paid tribute to Ruth Hock, AA's first paid secretary, who resigned to get married. She had written approximately 15,000 letters to people asking for help
- February 5** 1941 - Pittsburgh Telegram ran a story on the first A.A. group's Friday night meeting of a dozen "former hopeless drunks."
- February 8** 1940 - Bill W., Dr. Bob, and six other A.A.s asked 60 rich friends of John D. Rockefeller, Jr. for money at the Union Club, N Y. They got \$2,000. 1940 - Houston Press ran first of 6 anonymous articles on A.A. by Larry J.
- February 9** 2002 - Sue Smith Windows, Dr. Bob's daughter died.
- February 10** 1922: Harold E. Hughes was born on a farm near Ida Grove, Iowa. After his recovery from alcoholism, he became Governor of Iowa, a United States Senator, and the leading dark horse for the Presidential Democratic nomination in 1972, until he announced he would not run. He authored the legislation which created the National Institute on Alcohol Abuse and Alcoholism, and other legislation to help alcoholics and addicts.
- February 11** 1938 - Clarence S. ("Home Brewmeister" in 1st, 2nd & 3rd editions) had his last drink.
- February 12** 1945 - World War II paper shortage forced reduction in size of the Big Book.
- February 13** 1937 - Oxford Groups "Alcoholic Squadron" met at the home of Hank P. ("The Unbeliever" in the 1st edition of the Big Book) in New Jersey.  
1940 - With about two years of sobriety, Jim B. ("The Vicious Cycle") moved to the Philadelphia area and started the first Philadelphia A.A. group.
- Feb 14** 1971 - AA groups worldwide held a memorial service for Bill Wilson. 2000 - William Y., "California Bill" died in Winston Salem, NC.
- February 15** 1946 - AA Tribune, Des Moines, IA, reported 36 new members since Marty M. had been there.
- February 16** 1941 - Baltimore Sunday Sun reported city's first AA group begun in 1940 had grown from 3 to 40 members, with five being women.
- February 18** 1943 - AA's were granted the right to use cars for 12th step work in emergency cases, despite gas rationing.
- February 19** 1967 - Father "John Doe" (Ralph P.), 1st Catholic Priest in AA, died.
- February 20** 1941 - The Toledo Blade published first of three articles on AA by Seymour Rothman.
- February 21** 1939 - 400 copies of the Big Book manuscript were sent to doctors, judges, psychiatrists, and others for comment. This was the "multilith" Big Book.
- February 22** 1842 - Abe Lincoln addressed the Washington Temperance Society in Springfield, IL.
- February 24** 2002 -- Hal M., "Dr. Attitude of Gratitude," died. He had 37 years of sobriety. Hal testified, anonymously, before the U.S. Senate Subcommittee on Alcoholism and Drug Abuse on December 3, 1970.
- February 26** 1999 - Felicia G., author of "Stars Don't Fall," died. Born Countess Felicia G. in 1905, she was the daughter of Count Josef G. and Eleanor Medill Patterson. She married Drew Pearson in 1925 and divorced him three years later. She married Dudley de Lavigne in 1934, but the marriage lasted less than a year. In 1958 she married John Kennedy Magruder and divorced him in 1964. For most of her professional career, she went by the name Felicia G.

### Other February happenings with no specific date:

- 1908 - Bill W. made boomerang.
  - 1916 - Bill W. & sophomore class at Norwich University was suspended for hazing.
  - 1938 - Rockefeller gave \$5,000 to AA.
  - 1939 - Dr. Harry Tiebout endorsed AA, the first psychiatrist to do so.
  - 1940 - First organization meeting of Philadelphia AA is held at McCready H.'s room at 2209 Delaney Street.
  - 1940 - 1st AA clubhouse opened at 334-1/2 West 24th Street, NYC.
  - 1943 - San Francisco Bulletin reporter Marsh Masline interviewed Ricardo, a San Quentin Prison AA group member.
  - 1946 - Baton Rouge, La., AA's hold their first anniversary meeting.
  - 1946 - The AA Grapevine reported the New York Seaman's Group issued a pamphlet for seamen "on one page the 12 Steps have been streamlined into 5."
  - 1946 - Des Moines Committee for Education on Alcoholism aired its first show on KRNT.
  - 1946 - Pueblo, Colorado, had a second group, composed of alcoholic State Hospital patients.
  - 1951 - Fortune magazine article about AA was published in pamphlet form.
  - 1959 - AA granted "Recording for the Blind" permission to tape the Big Book.
  - 1963 - Harpers carried article critical of AA.
  - 1981 - 1st issue of "Markings," AA Archives Newsletter, was published, "to give the Fellowship a sense of its own past and the opportunity to study it."
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Central Office Meeting Minutes  
**February 2, 2010**

Meeting started @ 7:04 Attendees: Greg T., Tom P., Shari V., Jaime L., Ty, Stevie M., Patti G.,  
Jerry O., Richard B., Dan H., Tony, Steffie T., Vince N, Morgan

Tom P. opened the meeting at 7:01 with a moment of silence, followed by the Serenity Prayer.  
Dan H. read the 12 Traditions.

**Secretary's report** January report submitted by Jaime and accepted.

**Central Office Manager Report:**

Tom has been voted in and is now currently acting CO office manager. He has been meeting with Danny V. making sure that transition is smooth. There have been numerous troubles with door lock. Volunteers have been going to the south side of building to get in and that is frowned upon by new business owners. **It is important that phone volunteers or CO visitors do not disturb the Chiropractic office requesting entrance to our office through our adjacent hallway. The business owners of that office are not responsible to provide access to our office and we all have to honor and respect their requests to not be disturbed.** There was discussion on getting signage for our office in addition to new lock for front door. Arrangements are being made in order to get Tom on banking accounts as a signer and he will also be added to phone account. CO office mailing address is: PO Box 12555, Everett, WA 98206 **(Remind others to not use our street address for mailing purposes)**  
Report accepted

**Alternate Office Manager Report:**

Steffi: all phone lists for reps and volunteers have been updated and are posted in central office.  
Literature Inventory completed with \$240.46 of literature sold during January and it is not necessary to order anything new at this time.  
Report accepted

**Treasurer Report:**

Jerry O: New PO Box is smaller and less expensive: \$60.00 vs. previous \$94.00 per year  
Beginning Balance: \$1,812.94  
Contributions: \$1,440.46  
Total: \$3,253.40 Expenses: (\$676.38)  
Total: \$2,577.02  
Prudent Reserve: (1,500.00)  
Available Balance: \$1,077.02

Refund of \$76.00 was distributed to Dist. 2. Jerry asks that reps please remind treasurers of each district that we were short \$6 for the last 2 months; change is reflected in budget. **Note from Tom: I would suggest that the amount due for March is mentioned in the minutes as it relates to the Jan/Feb shortage. Jerry what is that amount again?**

Please make sure that volunteers fill out form regarding monies collected and put in vault. There was \$32 dollars unaccounted for. Also, donation of \$60 was received from Lynnwood group & Jerry is checking into that as he is guessing that it was sent to the wrong place and should have gone to dist #24.  
Report accepted

**Daytime Phones:**

Greg T: 425-377-3271 mkx@mail.lawguru.com  
Its been requested that weekend shift information be distributed/  
Total Calls: **350**  
Meeting inquiries – **204**  
12 Step Calls – **2**  
Wrong Number/ hang up - **17**  
Other 12 Step Programs – **128**

**Nighttime Phones:**

Morgan. reported for the month of January:  
63: meeting inquiries  
12: 12 Step Calls  
2: wrong numbers/hang-up  
5: Non Related Inquiries- Alanon, CA, NA, Treatment facility locations  
7 callers just "wanting to talk"(not specific to AA referral)  
Total calls - 89

Total calls reflect only calls reported to Patti or Morgan by evening volunteers. Patti can be reached at 206-399-1399.  
Her new e-mail address is gilmanpm@yahoo.com  
or call Morgan D. @ 425-212-0936 for more information.

**Volunteers are needed to answer the phone from their home in the evening. This is very easy and valuable service work, one evening a month. All day/night coordinators are to make sure all volunteers have alternate lists.**  
Report accepted

Meeting adjourned @ 8:32 pm

**District 2:**

Ty: Budget was passed  
Accepted

**District 3:**

Shari: Dist. 3 is having inventory on 2.20; 10am-2pm @ Sky Valley Eagles Lodge; 1112 E. Main, Sultan. Also having 'Spring Fling' on 3/13; this is a fellowship banquet @ Crossroads Presbyterian church @ 20th St. SE, Everett (across from Thom Thumb)  
Report accepted

**District 12:**

David C. is the new rep for Dist. 12; no report

**District 19:**

Budget passed; contacting Jail reps (Jasper & Fred) to get minority opinion at their next district meeting.  
Report accepted

**Old Business:**

2010 Budget Passed  
There was discussion from all reps regarding inventory  
Current open positions for Central Office: Alternate Central Office Manager. Steffie is sitting in till position is filled

**New Business:**

Discussion on signage for CO to assist in getting people to the right entrance opposed to the Chiropractor's office. Also discussed was the need for a sign above the CO door. The sign would indicate 'Central Office'  
Garbage disposal procedure to be updated in training manual. Garbage is to be disposed of in the garbage cans located near the CO entrance not in the container in the shared bathroom.  
Discussion on new lock for front door. A motion was made for Tom to purchase, at his discretion a new lock for the CO door. The motion was seconded and accepted by all CO Reps.  
Patti C. made herself available to schedules rep for CO and will be in charge of organizing all scheduling changes that are turned into  
Meeting adjourned @ 8:32 pm



**Snohomish Big Book Study**

*St. Michael's Church  
15th and Pine*

*Snohomish, WA 98290-1826      Every Thursday 7:30pm*

***Need New Schedules??***

***Email Mark  
honeamark@yahoo.com***

## Step 2 and Tradition 2 Experiences



Step 2: Came to believe that a Power greater than ourselves could restore us to sanity.

As I look at the 2d step, I realize that--for me--it has become more and more an issue of insanity. I find this in both the Big Book and the 12 & 12. It tells me that I am powerless over the decision to take that first drink, yet in this fellowship I have found the power to do exactly that.

I have found more than one definition of insanity to be useful--e.g. doing the same thing and expecting different results! However, what I see today is the absolute insanity of taking a drink. When I review my alcoholic history I see this repeated again and again. All the times I Knew I shouldn't drink--and did it anyway. All the times I planned on not drinking--and did it anyway. And now that I am sober, I know that absolutely the most insane thing I could do would be to drink. And yet, left to my own devices...

Sometimes the thought still crosses my mind that "It wasn't that bad" (it was) or that "I could handle one" (I couldn't) or that "Maybe I'm not all that alcoholic" (I am) or--one of my favorites--"Champagne is different" (it isn't). The difference is that, today, I know such thoughts are insane and when I have one, I know what to do about it. I share it with another alcoholic. The power of AA removes the power of insanity.

Sue W.



Tradition 2: For our group purpose there is but one ultimate authority--a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

Becoming involved in AA "service work" has made clear to me that I have absolutely no authority over anyone--nor does anyone have authority over me. Service work is just what it says--offering service to the group and to the AA fellowship. I am privileged to watch us reach decisions through the conscience of the group, involving everyone and giving orders to none. It is not about my ego deciding what is right for all. It is about me listening to my AA family and all of us working together. I have learned that offering service is good for ME. It may help others--I hope it does!--but the main benefit for me is that it gets me out of being wrapped up in myself, and letting go of results is one of the best things I can learn to do.

Sue W.