

District 3 Digest

WWW.SKYVALLEYDISTRICT3AA.ORG

newsletter@skyvalleydistrict3aa.org

PO Box 846, Gold Bar, WA 98251

DCM Report

Our District Inventory was Saturday, February 20th. While attendance was small, it was enthusiastic and involved. There is a lot to think about. Reflections will be presented at the District meeting in March--and everyone is welcome to attend, as always.

We're closing in on our Spring Fling sobriety celebration, 3/13. This will be a great opportunity to share fellowship and the joy of sobriety with our AA family. Certainly something to anticipate--while living one day at a time, of course.

We were delighted to have a volunteer for our open Archives position step forward at the District meeting. Many thanks to Scott for his willingness to take on this area of service.

It also looks like we will have our web servant situation well in hand. Cliff L. has volunteered to explore the situation and come up with a proposal at the March meeting. We are grateful to have his assistance.

Yours in service, Sue Wade, DCM



Step 3

Made a decision to turn our will and our lives over to the care of God as we understood Him.



I am responsible...when anyone, anywhere reaches out for help, I want the hand of AA always to be there, for that I am responsible.



Tradition 3: The only requirement for AA membership is a desire to stop drinking.

Long Form: Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend on money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation.

(12 & 12, page 189)

For me, it's really important to review the long form of this tradition and remind myself that it is about AA being available for every alcoholic.

Early AA groups came up with all sorts of regulations about just what kind of alcoholic could be allowed in; eventually we began to see that we were condemning our brothers and sisters.

It is because of tradition 3 that I am allowed to be a member of AA--in the beginning they weren't all that sure about women. It is because of tradition 3 that alcoholics of every racial background are part of AA. It is because of tradition 3 that alcoholics who may not appear all that "respectable" are part of AA.

(Respectable alcoholics? Are we kidding?)

On a personal level, tradition 3 reminds me that every alcoholic is a member of my family, regardless of background or profession or social standing or you-name-it. It's about making sure that AA always will be available for the still suffering alcoholic, no matter who she or he may be. Sue.



WOMEN'S
ALANON MEETING
Monday evenings
7:00 PM
Gold Bar
Call Kat 206-308-1483



MARCH Birthdays

Tracy 4 years

And to those I have missed.



Looking for
information, events
or schedule of
meetings in
District 3 AA?
Try visiting our
website at:

www.skyvalleydistrict3aa.org



**District 3
Schedule Stapling Party**



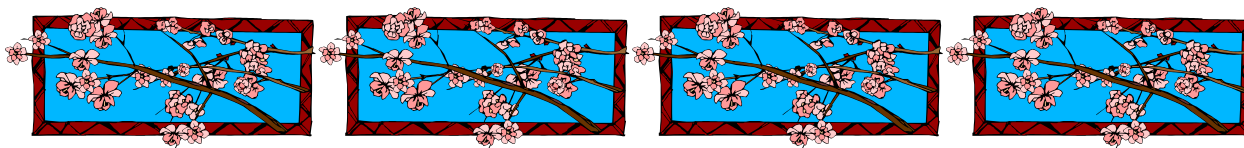
& Cookie Potluck

Sunday, March 28th, 2010

1 - 5 pm

1401 Poplar Way

Everett, WA



*District 3 Spring Fling Fellowship Banquet
March 13, 2010*

Groups will be supplying meat dishes and individuals can bring dishes under the following guide:

Name starts with A to E: Salads

F to K: side dishes

L to P: deserts

Q to U: appetizers

V to Z: breads and rolls

10:00am Doors Open (Coffee, pastries, and fellowship)

11:30am Pot Luck Lunch

1:00pm AA Speakers

2:10pm Sobriety Countdown

Gifts for most and least sobriety

2:30pm Close with the Serenity Prayer

Other Offerings:

Literature Display

District 3 Archives Display

Location:

Crossroads Presbyterian Church

10310 20th St SE

Everett, Washington 98205

(Across the Street from Tom Thumb Market)

Any Questions call Willy L. (360) 568-1805

Area 72 Standing Committee Quarterlies

Saturday, March 20, 2010

Fellowship: 9:00 AM

Business Meeting: 10:00 AM

Saturday, April 17, 2010

Fellowship: 9:00 AM

Business Meeting: 10:00 AM

Lunch: 12:00 PM (main dish provided; potluck additions welcome)

Saturday, April 24, 2010

Fellowship: 9:00 AM

Business Meeting: 10:00 AM

Lunch: 12:00 PM (potluck, with main dish provided)

Saturday, May 1, 2010

Fellowship: 9:00 AM

Business Meeting: 10:00 AM

Lunch Provided

Saturday, June 12, 2010

Fellowship: 9:00 AM

Business Meeting: 10:00 AM

Lunch: 12:00 PM

[Corrections Committee Quarterly](#)

Fellowship Christial Church

860 E. 38th Streett

Tacoma, Washington 98404-2904

[Treatment Committee Quarterly \(English\)](#)

[Treatment Committee Quarterly \(Spanish\)](#)

Normandy Park Congregational Church

19247 1st Ave South

Normandy Park, WA 98148-2101

[Access Committee Quarterly \(English\)](#)

[Access Committee Quarterly \(Spanish\)](#)

Mt. Tahoma Baptist Church

5220 74th St W

Tacoma, WA 98499-7949

[Archives Committee Quarterly](#)

The Salvation Army

832 Sixth Street

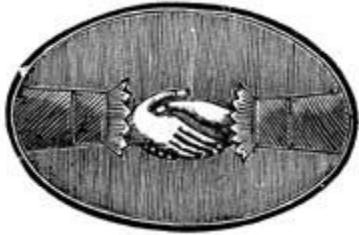
Bremerton, WA 98337-1441

[Grapevine and Literature Committee Quarterly](#)

Edmonds Christian Church

23010 84th Avenue W

Edmonds, WA 98026-8600



Tradition 3

The only requirement for AA membership is a desire to quit drinking.

AA Back to Basics

Steps 1 – 12
In four 1 hour sessions

Every WEDNESDAY in MARCH
5-6pm

Gold Bar Restaurant basement

Contact: Ben or Dan

New Start Time for:



No Delusions Group
Monroe Treatment Facility
7:00 pm to 8:30 pm

If you have a desire to stop drinking, you've come to the right place. We are the international journal of Alcoholics Anonymous, with thousands of stories and letters from those finding a solution to alcoholism.

The AA Grapevine is a lifeline linking one alcoholic to another. It can help you:

- Learn about the disease of alcoholism
- Understand how Alcoholics Anonymous works
- Understand the Twelve Steps
- Find out how others manage their lives without drinking

To subscribe visit: www.aagrapevine.org , **Telephone Orders** - credit card only
Monday - Friday, 9:00 am - 4:45 pm EST **(800) 631-6025**

Step 3: Made a decision to turn our will and our lives over to the care of God as we understood Him.

I often hear people say step 3 is "just" making a decision. And I guess there is a lot of truth to that, but that doesn't mean it is an easy step. For me, it wasn't so much a matter of whether I believed in god (I did) as it was a matter of letting go of my will and turning over my life to AA. And somehow I knew that making this decision would matter. A lot.

I gave this step a lot of lip service in my first couple years of sobriety. I sat in meetings talking about "let go and let god" and figured that was taking care of it. Until the day, a few months short of my 3rd birthday, when it dawned on me that I was pretty clueless (no surprise there!) and that I never really had taken this step, regardless of all my chatter about it.

And then I had to ask myself if I really wanted to do this and accept the responsibility for what it would mean. I think I finally realized--pretty dimly--that I was looking at fundamental change, that I would be saying an unqualified "yes" to this program and that this was serious business.

I remember asking myself "Are you sure you want to do this?" and having to think about it for a while. I was sitting in the Episcopal cathedral in Honolulu (we'd gone over for an AA conference) and I think there was a service going on but--obviously--I wasn't paying a whole lot of attention to it. And that's when I finally wholly committed myself to this program.

Turned out I was more right than I knew at the time. If I were going to give any advice, (who, me?), I would say "Don't do it if you don't mean it."

Once I committed to that decision, I changed and continue to change. Pretty unsettling, at times, but I wouldn't go back. A decision? Yes. A life-changing one.

Sue

WHERE CAN A DRUNK FIND ALCOHOLICS ANONYMOUS BY ACCIDENT?

(THE PUBLIC INFORMATION BOOTH AT THE EVERGREEN STATE FAIR IN MONROE !!)
Aug. 26th thru Sept 6th

Since the P.I. Booth started in 1998,
over 6 MILLION people have gone to the fair, and they took
over 11 THOUSAND AA pamphlets and meeting schedules!!

If you know another way to put AA literature within the reach of
almost a million people a year, we want to hear about it!!!!

If just one district could do it all, we would,
but we can't, so we're asking for help again this year.

We need contributions to pay for rent and literature,
and we need volunteers to staff the booth.

For further information, call:

Barry 808 348-3850 Chairperson
Mike 425 308-2624 Volunteer Coordinator

To make a contribution:

AAPI Booth
Box 1894
Sultan WA 98294

Central Office Meeting **March 2, 2010**

Meeting started @ 7:02

Attendees: Greg T., Tom P., Shari V., Ty, Stevie M., Patti G.,
Jerry O., Dave C., Dan H., Tony, Vince N, Urian R., Jim W., Mo

Please note: Dave C. was in attendance during Feb. CO meeting.

Tom P. opened the meeting at 7:02

Secretary's report February report submitted by Stevie was accepted.

Central Office Manager Report:

- Changed CO lock – combination is the same
- Worked with AA member to create CO building signage for front door and North-East corner
 - Old lockable door knob also replaced with a no-key unit
 - Door jamb reworked so door will close easier
- Met with Jerry O. to change names on CO checking account
- Literature inventory – information passed on to Alt CO Mgr
- Purchased supplies

Observations/Comments:

- We should be keeping information in respective district newsletters up to date,
- Reminder for last shift volunteers regarding clean up of office (coffee pot, cups, trash in bins located on the South-East corner of the building.
- Remind all about our PO Box address - **we are still getting mail @ physical address which goes to chiropractor**
- In the spirit of rotation, we are searching for a new Alt CO Mgr. – **minimum of 2 years of sobriety and this is a 2 year commitment.**

Report accepted

Alternate Office Manager Report:

Tom P. will report on literature next month

Treasurer Report:

Beginning Balance	\$2,577.02
Contributions	\$516.60
TOTAL	\$3,093.62
Expenses	(\$1,028.54)
TOTAL	\$2,065.08
Less Prudent Resr.	(\$1,500.00)
Net Funds Available	\$565.08

- Refund checks were distributed in the amount of \$78.23 to all 4 districts.
 - There is still some confusion regarding rent changing from \$150-\$156. Since the vote was not passed till end of Feb.'10, not every district paid extra \$6. Copies of \$ due were handed out to district reps.
 - No phone bill has been received so April report will include March billing info.
- Report accepted

Daytime Phones:

Greg T: 425-377-3271 mkx@mail.lawguru.com

Its been requested that weekend shift information be distributed/

Total Calls: **291**

Meeting inquiries – **192**

12 Step Calls – **2**

Wrong Number/ hang up - **22**

Other 12 Step Programs – **6**

Misc./other – **22**

Collect (none accepted) – 3
Volunteers – 22
Books/ literature/schedules – 8
Detox/Housing – 4

Nighttime Phones:

Morgan. reported for the month of January:
37: meeting inquiries
5: 12 Step Calls
4: wrong numbers/hang-up
1: Non Related Inquiries- Alanon, CA, NA, Treatment facility locations
1 callers just "wanting to talk"(not specific to AA referral)
Total calls - 48

Patti can be reached at 206-399-1399. Her new e-mail address is gilmanpm@yahoo.com
or call Morgan D. @ 425-212-0936 for more information.

Volunteers are needed to answer the phone from their home in the evening. This is very easy and valuable service work, one evening a month. All day/night coordinators are to make sure all volunteers have alternate lists.

Report accepted

District 2:

Ty: nothing to report

District 3:

Shari: Dist. 3 is having 'Spring Fling' on 3/13; this is a fellowship banquet @ Crossroads Presbyterian church @ 20th St. SE, Everett (across from Thom Thumb)

There is concern about schedules posting 'handicapped assessable' when, in fact, they are not.

Report accepted

District 12:

David C. is the new rep for Dist. 12; no report

District 19:

Dan H: there are still concerns regarding the 'collect calls' guidelines.

Report accepted

Old Business:

- Inventory Items – let's level set what we're trying to accomplish: **Is there too much literature? If it's not broken, let's not try to fix it.**
- Collect calls – Action Item? **It will be necessary for a homegroup to put a motion in writing in order for this to be addressed. There was discussion on whether we need to clarify on how a volunteer should respond to a collect call request.**
- **Patty mentioned that since the phones are switched to cell phones in the evenings, collect phone calls are not allowed to be made so this issue does not affect the night time volunteers.**

New Business:

There was no new business discussed.

Meeting adjourned @ 8:12 pm

A.A. History in March

- March 1** 1939 -- Readers Digest declined to write article on AA.
1941 - Jack Alexander's Saturday Evening Post article was published and membership jumped from 2,000 to 8,000 by year's end.
- March 3** 1947 -- Nell Wing started work at Alcoholic Foundation, 415 Lexington Avenue, NYC.
- March 4** 1891 -- Lois W. was born.
1947 -- Nell Wing met Bill W. for the first time.
- March 5** 1945 -- Time Magazine reported first of a series of Detroit radio broadcasts by AA members.
- March 7** 1940 -- Bill and Lois W. visited Philadelphia AA group.
1941 -- Boston newspaper reported that any drunk who wanted to get well was more than welcome at the AA meeting at 115 Newbury St., at 8 PM Wednesdays.
- March 9** 1941 -- Wichita Beacon reported on an AA member from NY who wanted to form a group in Wichita, KS.
- March 10** 1944 -- New York Intergroup was established.
- March 11** 1949 -- The Calix Society, an association of Roman Catholic alcoholics who are maintaining their sobriety through participation in Alcoholics Anonymous, was formed in Minneapolis by five Catholic AA members.
- March 14** South Orange, NJ, AA group held an anniversary dinner with Bill W. as guest speaker.
- March 15** 1941 -- First AA group in New Haven, CN, was formed.
- March 16** 1940 -- Alcoholic Foundation and Works Publishing moved from Newark to 30 Vesey St. in lower Manhattan.
- March 21** 1881 -- Dr. Bob's wife, Anne, was born.
1966 -- Ebby T., whom Bill W. called his sponsor, died sober.
- March 22** 1951 -- William Duncan Silkworth, MD, died at Towns Hospital. He helped more than 40,000 alcoholics during his lifetime.
1984 -- Clarence S., "Home Brewmeister," died at 81.
- March 23** 1936 -- Bill & Lois W. visited Fitz M., "Our Southern Friend," in Maryland.
1940 -- Lois W. paid her first visit to the office on Vesey Street in NYC.
- March 25** 1898 -- Jim B. ("The Vicious Cycle") was born.
- March 29** 1943 -- The Charleston Mail, WV, reported on Bill W.'s talk at St. John's Parish House.
- March 31** 1947 -- 1st AA group formed in London, England.
- Other March happenings with no specific date:**
- 1936 - AA had 10 members staying sober. At end of 1936 AA had 15 members.
 - 1940 - Mort J. arrived in LA from Denver and helped faltering group; started custom of reading Chapter 5 Big Book at Cecil group.
 - 1941 - 1st Prison AA Group was formed at San Quentin.
 - 1941 - Second printing of Big Book appeared.
 - 1946 - The March of Time film on AA was produced.
 - 1949 - Dr. Bob considers idea of AA conference premature.
 - 1951 - American Weekly publishes memorial article for Dr. Bob.