

DISTRICT 3 DIGEST

www.skyvalleydistrict3aa.org

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OCTOBER 2010

VOL.2 ISSUE 10



SATURDAY, OCT 30th, 2010

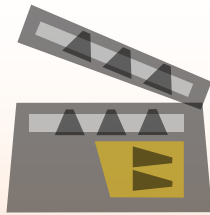
ALKY ANGELS ANNUAL HALLOWEEN PARTY

Snohomish Grange
Snohomish, WA



Adult and Child's Costume Contest

FOOD, DANCE to a LIVE BAND & FUN



"MSNL"

MONROE SUNDAY NIGHT LIVE

Monroe Congregational Church, 301 S. Lewis,
Monroe, WA

SUNDAY, 7:30 PM

Area 72 Standing Committee Quarterlies

Saturday, October 16, 2010

Fellowship: 9:00 AM

Business Meeting: 10:00 AM

Lunch: 12:00 PM (Provided by host; 7th Tradition will be observed.)

[Accessibility Committee Quarterly](#)

United Churches of Olympia
110 11th Ave SE
Olympia, WA 98501-2259

Saturday, November 6, 2010

Fellowship: 9:00 AM

Business Meeting: 10:00 AM

Potluck Lunch

[Archives Committee Quarterly](#)

Covington Community Church
17455 SE Wax Rd
Covington, WA 98042-9126

Saturday, November 13, 2010

Fellowship: 9:00 AM

Business Meeting: 10:00 AM

Potluck Lunch (Bring your own favorite side dish; 7th Tradition will be observed.)

[Public Information and Cooperation With the Professional Community Committee Quarterly](#)

Our Saviors Lutheran Church
215 Mukilteo Blvd
Everett, WA 98203-2057

Saturday, December 11, 2010

Fellowship: 9:00 AM

Business Meeting: 10:00 AM

Potluck Lunch: 12:00 PM (Please bring side dishes.)

[Grapevine and Literature Committee Quarterly](#)

Faith Community Church
709 NW Greely Street
Camas, WA 98607-1955

Saturday, December 18, 2010

Fellowship: 9:00 AM

Business Meeting: 10:00 AM

Potluck Lunch (7th Tradition will be observed.)

[Corrections Committee Quarterly](#)

St. Aloysius Catholic Church
211 Mason Ave
Buckley, WA 98321-9536



*I am responsible, when anyone, anywhere reaches out for help,
I want the hand of AA always to be there, for that I am responsible.*



Tradition Ten

Alcoholics Anonymous has no opinion on outside issues, hence the A.A. name ought never be drawn into public controversy.

Editorial:

www.grapevine.org, Digital Archive, September 1948 , Vol. 5 No. 4

On the 10th Tradition

No A.A. Group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues--particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous Groups oppose no one. Concerning such matters they can express no views whatever.

To most of us, Alcoholics Anonymous has become as solid as the Rock of Gibraltar. We like to believe that it will soon be as well known and just as enduring as that historic landmark. We enjoy this pleasant conviction because nothing has yet occurred to disturb it; we reason that we must hang together or die. Hence we take for granted our continued unity as a movement.

But should we? Though God has bestowed upon us great favors, and though we are bound by stronger ties of love and necessity than most societies, is it prudent to suppose that automatically these great gifts and attributes shall be ours forever. If we are worthy, we shall probably continue to enjoy them. So the real question is, how shall we always be worthy of our present blessings?

Seen from this point of view, our A.A. Traditions are those attitudes and practices by which we may deserve, as a movement, a long life and a useful one. To this end, none could be more vital than our 10th Tradition, for it deals with the subject of controversy--serious controversy.

On the other side of the world, millions have not long since died in religious dissension. Other millions have died in political controversy. The end is not yet. Nearly everybody in the world has turned reformer. Each group, society and nation is saying to the other, "You must do as we say, or else". Political controversy and reform by compulsion has reached an all-time high. And eternal, seemingly, are the flames of religious dissension.

Being like other men and women, how can we expect to remain forever immune from these perils? Probably we shall not. At length, we must meet them all. We cannot flee from them, nor ought we try. If these challenges do come, we shall, I am sure, go out to meet them gladly and unafraid. That will be the acid test of our worth.

Our best defense? This surely lies in the formation of a Tradition respecting serious controversy so powerful that neither the weakness of persons nor the strain and strife of our troubled times can harm Alcoholics Anonymous. We know that A.A. must continue to live, or else many of us and many of our brother alcoholics throughout the world will surely resume the hopeless journey to oblivion. That must never be.

As though by some deep and compelling instinct, we have thus far avoided serious controversies. Save minor and healthy growing pains, we are at peace among ourselves. And because we have thus far adhered to our sole aim, the whole world regards us favorably.

May God grant us the wisdom and fortitude ever to sustain an unbreakable unity.

Bill W

Western Washington Area 72 Assembly General Reflections

What a weekend! Yes, it was tiring—we went until almost 1:00 am Saturday night/Sunday morning. But we got everything done and done well and it was a truly spiritual experience. I am so grateful to have been able to participate in this process over the last four years.

I got there in time, Friday, to attend some of the panels—out of the 14 offered-- including those on Concepts 2-6, Service Sponsorship, How does service help my sobriety and How to be an effective GSR. (Incidentally, for those who are interested, AA has a great pamphlet on the 12 Concepts of World Service.)

I want to extend my thanks to our GSR's. We had a very good representation and they came prepared. It really was obvious during the motions discussions that not everyone was. Many of our GSR's attended the pre-assemblies and participated in District meetings where we discussed the motions and they knew what they were talking about. We were told repeatedly, prior to the assembly, that if the GSR's were prepared, it would make things go more smoothly and it did. Some of the discussion reflected a lack of information that had been covered at such events as the pre-assemblies. That wasn't true for our group. District 3's GSR's were great.

There was a report from the Ad Hoc committee formed to investigate the proposal to split the Area. They considered financial implications, population, number of groups and possible geographic splits. There still is a lot to investigate and no final decisions have been made. Feel free to share your thoughts with your GSR so that she or he can carry it to District and on to Area. It is expected that there will be a great deal of discussion beginning with the January Quarterly. Stay tuned.

And then there were the elections for the elected Area standing committee members: Delegate, Alternate Delegate, Area Chair, Alternate Chair, Treasurer and Alternate Treasurer. This was facilitated by Rod H., our regional trustee. To begin the process, all of the present standing committee members are polled, followed by polling all the DCM's. This means that each person is asked "Are you available?" for each position as it comes up. I made myself available for two of the positions. Was I elected? Not even close. But that was o'kay—which, in itself, is pretty amazing for someone who used to run totally on ego (as opposed to only most of the time, now). But there is something very special about saying "I am available" to AA. It really is a privilege. And to be able to stand in front of the Assembly and share my AA service history with my AA family is truly a moving experience. I was taught when I first got sober that I don't say "no" to AA so when asked, if it's something I can do, I want to say "Yes, I am available" and feel blessed to be able to do so.

So, our incoming elected officers are:

Delegate: Debbie A.

Alternate Delegate: Astri T.

Chair: Darren F.

Alternate Chair: Mike M.

Treasurer: Tammy M.

Alternate Treasurer: Barbie K.

I've reported on the motions in a separate article devoted just to them. Suffice it to say that, with 14 of them (14!) we had a lot of work to do and thank you again to District 3's awesome GSR's. We got it done and with spiritual integrity. AA and AA general service really are incredible.

The Sunday Spiritual Breakfast was a wonderful wrap up to an amazing weekend. Rod, our regional trustee, was the speaker. It was inspiring to hear his story and how he has incorporated his life experiences, both drinking and sober, into his spiritual life.

I find that I often am moved to tears, these days—and certainly frequently during this Assembly weekend. Which is pretty amazing in itself for a woman who came into this program without feelings (except rage)—and stayed that way for a long time. And now I have tears of joy and gratitude. I am blessed.

In love and service, Sue Wade, DCM, District 3.

AA History in October

- October 1:** 1941 - Local news reports 1st AA Group in New Haven, CT
1957 - Alcoholics Anonymous Comes of Age is published
- October 2:** 1944 - National Comm. for Education on Alcoholism formed
- October 3:** 1945 - AA Grapevine adopted as national publication of AA
- October 6:** 1941 - 900 dine at Cleveland dinner for Bill D, AA #3
1988 - Lois W, Bills wife and a co-founder of Al-Anon, dies at age 97
- October 8:** 1988 - Memorial Service for Lois W at Stepping Stones, NY
- October 10:** 1943 - 6 of 1st 9 AA's attend clubhouse anniversary in Toledo
1970 - Lois reads "Bills Last Message annual dinner in NY
1988 - Lois is buried next to Bill in Manchester, Vermont
- October 13:** 1939 - Bill W. gets his driver's license
1947 - "The Melbourne Group" held its first meeting in Australia
- October 15:** 1904 - Marty M, early AA woman, is born in Chicago
- October 17:** 1935 - Ebby T, Bill's sponsor, moves in with Bill and Lois
- October 21:** 1939 - Cleveland Plain Dealer begins series on AA by Eldrick B. Davis
- October 22:** 1963 - E M Jellinek, alcoholism educator and AA friend dies
- October 22:** 1949 - Florence R, AA's 1st sober woman, begins drinking again, commits suicide
- October 24:** 1942 - L.A. Times reports AA groups in 14 California cities
1973 - Trustee's Archives Committee of AA has its 1st meeting
- October 28:** 1994 - National Council on Alcoholism and Drug Dependence celebrates 50 years
- Other significant events in October for which we have no specific date:**
- 1942 - 1st issue of Cleveland Central Bulletin is published
- 1951 - Lasker Award presented to AA in San Francisco
- 1958 - Playhouse 90 TV airs "The Days of Wine and Roses"


Central Office Meeting Minutes- October 5, 2010 Meeting Started @ 7:00pm

Attendees: Tom P., Shari V., Stevie M., Jerry O., Greg, Dan H., Morgan D II., John M., Jerry A., Stephanie T., Mike M., Chris T., and Vince N.

Meeting opened with the reading of the 12 Traditions.

Secretary's report September report submitted by Stevie was accepted

Central Office Manager Report:

- Replaced supplies (coffee, paper towels, sugar, creamer, filters, garbage bags. 
- Placed temporary cigarette butt can at bottom of steps.
- Posted sign regarding placement of cigarette butts
- Posted sign regarding need to keep the CO bulletin board free of non-CO issues.
- Literature restock (existing stock on hand)
- General clean-up.
- Meeting announcements regarding CO service opportunities
- There was discussion between CO manager & alternate manager regarding the need for a general reference guide to CO.

Alternate Office Manager Report:

John M.:

- 12 Step List update:** John has received 2 additional lists and is still in the process of updating 12 step list.


Treasurer Report:

Jerry O.: Beginning Balance	\$2,201.63
Contributions	\$686.20
TOTAL	\$2,887.83
Expenses	(\$622.60)
TOTAL	\$2,265.23
Prudent Reserve	(\$1,500.00)
Available Balance	\$765.23

Daytime Phones:

Meeting info: 240
Other programs: 109
12 Step calls: 3
Hang up/wrong # 18
Total Calls: 370

Nighttime Phones:

Morgan D. II reported for the month of September: meeting inquiries 47
12 Step Calls 12 Non Related Inquiries 6
Hang-ups/wrong #'s 13
Talkers 8
Total calls 86 
Morgans # 425.212.0936

District 2: Chris T.:

- Concerns that phone volunteers are stating that the office is an intergroup.
- Questions regarding additional funds above the prudent reserve

District 3: Shari V.:

- Hospital & Treatment's quarterly in January.

District 12: Dave C.:

- Not present

District 19: Dan H.:

- Getting ready for elections & housecleaning.

Old Business:

- Night time Coordinator:

New Business:

- Steph made herself available as the alternate night time phone coordinator and was voted into position by District rep

Meeting adjourned @ 7:46pm



Bob 6 years
Jerry 5 years

DISTRICT 3 SERVICE POSITIONS AVAILABLE

DCM, Alt-DCM, Treasurer, Secretary

DISTRICT COMMITTEE CHAIRS AVAILABLE

Newsletter, Grapevine/Literature,
Public Information, Professional Community

If you are interested about any of these positions please come to the District 3 Business Meeting, Thursday, October 21st, 2010, 202 Sams St, Monroe, WA 7pm

Step Ten

Continued to take personal inventory and when we were wrong promptly admitted it.

This step has absolutely no connection with step #4. Note, in step #4, it calls for a searching and fearless *Moral* inventory. This step calls for a *personal* inventory. This step is our daily check on ourselves.

At night, after you are in bed and the day is over; review your day and pray.

Think about your day, what you have done, who you were with and what has transpired. If you find something that you are not proud of apologize. Do not permit these things to go unattended.

It is not the so-called "big" things which seriously affect the alcoholic in their new life, but the "little" things.

Diligent practice of the 10th every day reinforces that character defects quickly became damned obvious on a daily basis.

Admitting a wrong is difficult

We have entered the world of the Spirit. Our next function is to grow in understanding and effectiveness. This is not an overnight matter. It should continue for our lifetime.

Continue to watch for selfishness, dishonesty, resentment, and fear. When these crop up, we ask God at once to remove them. We discuss them with someone immediately and make amends quickly if we have harmed anyone.

And we have ceased fighting anything or anyone - even alcohol. For by this time sanity will have returned. We will seldom be interested in liquor. If tempted, we recoil from it as from a hot flame. We react sanely and normally.

That is the miracle of it.

We are not cured of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition.

To some extent we have become God-conscious. We have begun to develop this vital sixth sense.

Thanksgiving Weekend

November 26th - 27th - 28th

www.everettconference.org



Please refer to our website or schedule for times of speakers & workshops

AA Speakers

Friday Night	Chris C		Portland OR
Sat Morning	Astri T		Seattle WA
Sat Evening	Polly P		Birch Bay WA
Sun Morning	Dave P		Birch Bay WA

AL-Anon Speaker		
Saturday Afternoon	Nancy K	Mt Lake Terrace WA

Tradition Workshop in Relationships
 Facilitated by Polly & Dave P
 Plus an Ask it Basket
 For more information please go to our website
www.everettconference.org

Friday night Comedy Acts with 2 Comedians To Be Announced
Saturday Night "Live Band"
Freerain

Registration packets will be available at 2:00pm on Friday

Register before Oct 31st and get 5 free raffle tickets
Smoking hot prizes

Holiday Inn hotel Everett WA

3105 Pine St Everett WA 98201

To Make A Hotel Reservation Call
(425) 339 2000
Discount rates.



Please cut and mail in the registration

Please Print all Information

Full Name		City		State	
Address		F-Mail Address			
Phone Number		Name on Badge			
Home Group		Al-Anon		Other	
12 Step Program? AA		Yes		No	
Will you need Handicap Assistance					
Full Package				\$93.00	
Registration				\$30.00	
Banquet		Chicken Beef Vegetarian		\$25.00	
Spiritual Breakfast				\$10.00	
Friday Night Comedy Acts				\$10.00	
Saturday Night Dance (Free Rain)				\$10.00	
Would you like to Donate to our Scholarship Fund? Please enter amount				\$	
Please Check Box next to your choices and Enter your Total in the Box				\$	

Make Check Payable: To The Everett Conference. *One Registration per person - Do not mail cash, thanks.*
 Mail To: Everett Conference, P.O. Box 5003 Everett WA 98201 - 9997
 Scholarships Are Available On Our Website Only, They will not be available at the door.